

# Shemot, Torah, January 10, 2026

Exodus 1:1-2:25

(1) These are the names of the sons of Israel who came to Egypt with Jacob, each coming with his household: (2) Reuben, Simeon, Levi, and Judah; (3) Issachar, Zebulun, and Benjamin; (4) Dan and Naphtali, Gad and Asher. (5) The total number of persons that were of Jacob's issue came to seventy, Joseph being already in Egypt. (6) Joseph died, and all his brothers, and all that generation. (7) But the Israelites were fertile and prolific; they multiplied and increased very greatly, so that the land was filled with them. (8) A new king arose over Egypt who did not know Joseph. (9) And he said to his people, "Look, the Israelite people are much too numerous for

שמות א':א'-ב':כ"ה

(א) וְאֵלֶּה שְׁמוֹת בְּנֵי יִשְׂרָאֵל  
הַבָּאִים מִצְרַיִם אֵת יַעֲקֹב אִישׁ  
וּבֵיתוֹ בָּאוּ: (ב) רְאוּבֵן שְׁמֵעוֹן לֵוִי  
וַיהוּדָה: (ג) יִשָּׂשכָר זְבולֹן וּבְנִימִן:  
(ד) דָּן וְנַפְתָּלִי גָד וְאַשֶּׁר: (ה) וַיְהִי  
כָּל-נַפְשׁ יִצְאֵי יִרְדְּ-יַעֲקֹב שִׁבְעִים  
נַפְשׁ וַיּוֹסֶף הָיָה בְּמִצְרַיִם: (ו) וַיָּמָת  
יּוֹסֵף וְכָל-אָחָיו וְכָל הַדּוֹר הַהוּא:  
(ז) וּבְנֵי יִשְׂרָאֵל פָּרוּ וַיִּשְׂרְצוּ וַיִּרְבוּ  
וַיַּעֲצְמוּ בְּמֵאָד מְאֹד וַתִּמְלֵא הָאָרֶץ  
אֹתָם: {פ} (ח) וַיִּקָּם מֶלֶךְ-חָדָשׁ עַל-  
מִצְרַיִם אֲשֶׁר לֹא-יָדַע אֶת-יּוֹסֵף:  
(ט) וַיֹּאמֶר אֶל-עַמּוֹ הַזֶּה עַם בְּנֵי  
יִשְׂרָאֵל רַב וְעָצוּם מִמֶּנּוּ: (י) הִבֵּה  
נְתַחֲכֶמָה לוֹ פֶּן-יִרְבֶּה וְהָיָה כִּי-  
תִקְרָאנָה מֶלֶכְחָמָה וְנוֹסַף גַּם-הוּא  
עַל-שְׂנְאֵינוּ וְנִלְחַם-בָּנוּ וְעָלָה מִן-

us. (10) Let us deal shrewdly with them, so that they may not increase; otherwise in the event of war they may join our enemies in fighting against us and rise from the ground.” (11) So they set taskmasters over them to oppress them with forced labor; and they built garrison cities for Pharaoh: Pithom and Raamses. (12) But the more they were oppressed, the more they increased and spread out, so that the [Egyptians] came to dread the Israelites. (13) The Egyptians ruthlessly imposed upon the Israelites (14) the various labors that they made them perform. Ruthlessly they made life bitter for them with harsh labor at mortar and bricks and with all sorts of tasks in the field. (15) The king of Egypt spoke to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, (16) saying, “When you deliver the Hebrew women, look at the

הָאָרֶץ: (יא) וַיַּשְׁמִימוּ עָלָיו שָׂרֵי  
מִסִּים לְמַעַן עַנְתּוּ בְּסִבְלָתָם וַיִּבְנוּ  
עָרֵי מִסְכָּנוֹת לְפָרְעֹה אֶת־פִּתּוֹם  
וְאֶת־רַעַמְסֵס: (יב) וְכַאֲשֶׁר יַעֲנֶוּ  
אֹתוֹ כֵּן יִרְבֶּה וְכֵן יִפְרֹץ וַיִּקְצֹוּ  
מִפְּנֵי בְנֵי יִשְׂרָאֵל: (יג) וַיַּעֲבֹדוּ  
מִצְרַיִם אֶת־בְּנֵי יִשְׂרָאֵל בְּפָרֹךְ: (יד)  
וַיִּמְרְרוּ אֶת־חַיֵּיהֶם בְּעִבְדָּה קָשָׁה  
בְּחֵמָר וּבִלְבָנִים וּבְכָל־עֲבָדָה  
בַּשָּׂדֶה אֵת כָּל־עֲבָדְתָם אֲשֶׁר־עֲבָדוּ  
בָּהֶם בְּפָרֹךְ: (טו) וַיֹּאמֶר מֶלֶךְ  
מִצְרַיִם לְמִילֻדַת הָעִבְרִית אֲשֶׁר  
שָׂם הָאֱחָת שְׂפָרָה וְשֵׁם הַשְּׁנִית  
פּוּעָה: (טז) וַיֹּאמֶר בְּיַלְדֻכֶּן אֶת־  
הָעִבְרִיּוֹת וּרְאִיתֶן עַל־הָאֲבָנִים אִם־  
בֵּן הוּא וְהַמֶּתֶן אֹתוֹ וְאִם־בֵּת הוּא  
וְחָיָה: (יז) וַתִּירָאן הַמִּילֻדַת אֶת־  
הָאֱלֹהִים וְלֹא עָשׂוּ כַּאֲשֶׁר דִּבֶּר  
אֱלֹהֵינוּ מֶלֶךְ מִצְרַיִם וַתַּחֲיֶינן אֶת־  
הַיְלָדִים: (יח) וַיִּקְרָא מֶלֶךְ־מִצְרַיִם  
לְמִילֻדַת וַיֹּאמֶר לָהֶן מִדּוּעַ עֹשִׂיתֶן

birthstool: if it is a boy, kill him; if it is a girl, let her live.” (17) The midwives, fearing God, did not do as the king of Egypt had told them; they let the boys live. (18) So the king of Egypt summoned the midwives and said to them, “Why have you done this thing, letting the boys live?” (19) The midwives said to Pharaoh, “Because the Hebrew women are not like the Egyptian women: they are vigorous. Before the midwife can come to them, they have given birth.” (20) And God dealt well with the midwives; and the people multiplied and increased greatly. (21) And [God] established households for the midwives, because they feared God. (22) Then Pharaoh charged all his people, saying, “Every boy that is born you shall throw into the Nile, but let every girl live.” (1) A certain member of the house of Levi went and took [into his household as his

הַדָּבָר הַזֶּה וַתַּחַיֶּינָהוּ אֶת־הַיְלָדִים:  
(ט) וַתֹּאמְרוּן הַמִּילָדוֹת אֶל־פַּרְעֹה  
כִּי לֹא כַנְּשִׁים הַמִּצְרַיִת הָעֵבְרִית  
כִּי־חַיֹּת הֵנָּה בְּטָרָם תָּבוֹא אֲלֵהֶן  
הַמִּילָדוֹת וַיִּלְדוּ: (כ) וַיִּיטֹב אֲלֵהֶם  
לְמִילָדוֹת וַיִּרַב הָעָם וַיַּעֲצֵמוּ מְאֹד:  
(כא) וַיְהִי כִּי־יִרְאוּ הַמִּילָדוֹת אֶת־  
הָאֱלֹהִים וַיַּעַשׂ לָהֶם בְּתִים: (כב)  
וַיֵּצְאוּ פַרְעֹה לְכָל־עַמּוֹ לֵאמֹר כָּל־  
הַבֶּן הַיְלֹוֹד הַיְאֹרָה תִשְׁלִיכוּהוּ וְכָל־  
הַבֵּת תַּחַיֶּינָהוּ: (א) {פ} וַיִּלְךָ אִישׁ  
מִבֵּית לֵוִי וַיִּקַּח אֶת־בַּת־לֵוִי: (ב)  
וַתֵּהָרֶה הָאִשָּׁה וַתֵּלֶד בֶּן וַתֵּרָא אֹתוֹ  
כִּי־טוֹב הוּא וַתִּצְפְּנֵהוּ שְׁלֹשָׁה  
יָרְחִים: (ג) וְלֹא־יִכְלָה עוֹד הַצִּפְנֵינוּ  
וַתִּקַּח־לוֹ תַּבַּת גִּזְמָא וַתַּחְמֶרָהּ  
בַּחֲמֶר וּבַזָּפֶת וַתִּשֶׂם בָּהּ אֶת־הַיֶּלֶד  
וַתִּשֶׂם בְּסוּף עַל־שִׁפְתַי הַיָּאָר: (ד)  
וַתַּתְּצֵב אַחֲתוֹ מֵרַחֵק לְדַעָה מֵה־  
יַעֲשֶׂה לוֹ: (ה) וַתִּרְדַּב בַּת־פַּרְעֹה  
לְרַחֵץ עַל־הַיָּאָר וַנַּעֲרַתֶּיהָ הִלְכַת

wife] a woman of Levi. (2) The woman conceived and bore a son; and when she saw how beautiful he was, she hid him for three months. (3) When she could hide him no longer, she got a wicker basket for him and caulked it with bitumen and pitch. She put the child into it and placed it among the reeds by the bank of the Nile. (4) And his sister stationed herself at a distance, to learn what would befall him. (5) The daughter of Pharaoh came down to bathe in the Nile, while her maidens walked along the Nile. She spied the basket among the reeds and sent her slave girl to fetch it. (6) When she opened it, she saw that it was a child, a boy crying. She took pity on it and said, "This must be a Hebrew child." (7) Then his sister said to Pharaoh's daughter, "Shall I go and get you a Hebrew nurse to suckle the child for you?" (8) And Pharaoh's daughter answered, "Yes." So the girl went

על־יַד הַיָּאֵר וַתֵּרֶא אֶת־הַתִּבְּהַּ  
בְּתוֹךְ הַסּוּף וַתִּשְׁלַח אֶת־אִמָּתָהּ  
וַתִּקְחֶהָ: (ו) וַתִּפְתַּח וַתֵּרֶאֶהוּ אֶת־  
הַיֶּלֶד וְהִנֵּה־נֹעַר בֶּכֶה וַתַּחֲמַל עָלָיו  
וַתֹּאמֶר מִיֶּלְדֵי הָעִבְרָיִם זֶה: (ז)  
וַתֹּאמֶר אַחַת־וְאֶל־בַּת־פַּרְעֹה  
הָאֵלּוֹף וַקְּרָאתִי לָךְ אִשָּׁה מִיִּנְקָת  
מִן־הָעִבְרָיִת וַתִּיַּנֵּק לָךְ אֶת־הַיֶּלֶד:  
(ח) וַתֹּאמֶר־לָהּ בַת־פַּרְעֹה לִכִּי  
וַתֵּלֶךְ הָעֵלְמָהּ וַתִּקְרָא אֶת־אִם  
הַיֶּלֶד: (ט) וַתֹּאמֶר לָהּ בַת־פַּרְעֹה  
הֲיִלְכִי אֶת־הַיֶּלֶד הַזֶּה וְהִינֵקְהוּ לִי  
וְאֲנִי אֶתֵּן אֶת־שְׂכָרְךָ וַתִּקַּח הָאִשָּׁה  
הַיֶּלֶד וַתִּנְיֶקְהוּ: (י) וַיִּגְדַּל הַיֶּלֶד  
וַתְּבֹאֶהוּ לְבַת־פַּרְעֹה וַיְהִי־לָהּ לְבֵן  
וַתִּקְרָא שְׁמוֹ מֹשֶׁה וַתֹּאמֶר כִּי מִן־  
הַמַּיִם מָשִׂיתָהוּ: (יא) וַיְהִי בַּיָּמִים  
הָהֵם וַיִּגְדַּל מֹשֶׁה וַיֵּצֵא אֶל־אָחָיו  
וַיֵּרָא בְּסִבְלָתָם וַיֵּרָא אִישׁ מִצְרָיִ  
מִכָּה אִישׁ־עִבְרִי מֵאָחָיו: (יב) וַיִּפֶן  
כֹּה וְכֹה וַיֵּרָא כִּי אֵין אִישׁ וַיֵּף אֶת־

and called the child's mother. (9)  
And Pharaoh's daughter said to her,  
"Take this child and nurse it for  
me, and I will pay your wages." So  
the woman took the child and  
nursed it. (10) When the child grew  
up, she brought him to Pharaoh's  
daughter, who made him her son.  
She named him Moses, explaining,  
"I drew him out of the water." (11)  
Some time after that, when Moses  
had grown up, he went out to his  
kinsfolk and witnessed their labors.  
He saw an Egyptian beating a  
Hebrew, one of his kinsmen. (12)  
He turned this way and that and,  
seeing no one about, he struck  
down the Egyptian and hid him in  
the sand. (13) When he went out  
the next day, he found two  
Hebrews fighting; so he said to the  
offender, "Why do you strike your  
fellow?" (14) He retorted, "Who  
made you chief and ruler over us?  
Do you mean to kill me as you  
killed the Egyptian?" Moses was

הַמִּצְרִי וַיִּטְמְנֶהוּ בַחֹל: (יג) וַיֵּצֵא  
בַּיּוֹם הַשְּׁנִי וְהִנֵּה שְׁנֵי-אֲנָשִׁים  
עֹבְרִים נֹצִים וַיֹּאמֶר לָרֹשֶׁע לָמָּה  
תַּכֶּה רֵעֶךָ: (יד) וַיֹּאמֶר מִי שָׂמֶךָ  
לְאִישׁ שָׂר וְשֹׁפֵט עָלֵינוּ הֲלֹהָרִגְנִי  
אֶתָּה אָמַר כַּאֲשֶׁר הִרְגַת אֶת-  
הַמִּצְרִי וַיִּירָא מֹשֶׁה וַיֹּאמֶר אֲכֹן  
נֹדַע הַדָּבָר: (טו) וַיִּשְׁמַע פְּרַעֲה  
אֶת-הַדָּבָר הַזֶּה וַיִּבְקֹשׁ לַהֲרֹג אֶת-  
מֹשֶׁה וַיִּבְרַח מֹשֶׁה מִפְּנֵי פְרַעֲה  
וַיָּשָׁב בְּאֶרֶץ-מִדְיָן וַיָּשָׁב עַל-הַבְּאֵר:  
(טז) וּלְכֹהֵן מִדְיָן שִׁבְעַת בָּנוֹת  
וַתִּבְאֲנֶה וַתִּדְלֹנֶה וַתִּמְלֹאנָה אֶת-  
הָרְהָטִים לְהַשְׁקוֹת צֹאן אֲבִיהֶן: (יז)  
וַיָּבֹאוּ הָרֹעִים וַיִּגְרָשׂוּם וַיִּקָּם מֹשֶׁה  
וַיּוֹשְׁעֵן וַיִּשְׁק אֶת-צֹאנָם: (יח)  
וַתִּבְאֲנֶה אֶל-רַעוּאֵל אֲבִיהֶן וַיֹּאמֶר  
מִדּוּעַ מֵהֲרַתָּן בָּא הַיּוֹם: (יט)  
וַתֹּאמְרֶן אִישׁ מִצְרִי הֲצִילָנוּ מִיַּד  
הָרֹעִים וְגַם-דָּלָה דָּלָה לָנוּ וַיִּשְׁק  
אֶת-הַצֹּאן: (כ) וַיֹּאמֶר אֶל-בְּנֹתָיו

frightened, and thought: Then the matter is known! (15) When Pharaoh learned of the matter, he sought to kill Moses; but Moses fled from Pharaoh. He arrived in the land of Midian, and sat down beside a well. (16) Now the priest of Midian had seven daughters. They came to draw water, and filled the troughs to water their father's flock; (17) but shepherds came and drove them off. Moses rose to their defense, and he watered their flock. (18) When they returned to their father Reuel, he said, "How is it that you have come back so soon today?" (19) They answered, "An Egyptian rescued us from the shepherds; he even drew water for us and watered the flock." (20) He said to his daughters, "Where is he then? Why did you leave the man? Ask him in to break bread." (21) Moses consented to stay with the man, and he gave Moses his daughter Zipporah as wife. (22) She

וַאֲיוֹ לָמָּה זֶה עֲזַבְתָּן אֶת־הָאִישׁ  
קָרָאן לוֹ וַיֹּאכַל לָחֶם: (כא) וַיֹּאבֵד  
מֹשֶׁה לְשֹׁבֵת אֶת־הָאִישׁ וַיִּתֵּן אֶת־  
צִפּוֹרָה בָּתּוֹ לְמֹשֶׁה: (כב) וַתֵּלֶד בֵּן  
וַיִּקְרָא אֶת־שְׁמוֹ גֵּרְשֹׁם כִּי אָמַר גֵּר  
הָיִיתִי בְּאֶרֶץ נֹכְרִיָּה: {פ}(כג) וַיְהִי  
בַיָּמִים הָרַבִּים הָהֵם וַיָּמָת מֶלֶךְ  
מִצְרַיִם וַיֵּאנְחוּ בְנֵי־יִשְׂרָאֵל מִן־  
הָעֲבֹדָה וַיִּזְעֻקוּ וַתַּעַל שׁוֹעַתָם אֶל־  
הָאֱלֹהִים מִן־הָעֲבֹדָה: (כד) וַיִּשְׁמַע  
אֱלֹהִים אֶת־נַאֲקָתָם וַיִּזְכֹּר אֱלֹהִים  
אֶת־בְּרִיתוֹ אֶת־אַבְרָהָם אֶת־יִצְחָק  
וְאֶת־יַעֲקֹב: (כה) וַיֵּרָא אֱלֹהִים אֶת־  
בְּנֵי יִשְׂרָאֵל וַיִּדַע אֱלֹהִים: {ס}

bore a son whom he named  
Gershom, for he said, "I have been  
a stranger in a foreign land." (23) A  
long time after that, the king of  
Egypt died. The Israelites were  
groaning under the bondage and  
cried out; and their cry for help  
from the bondage rose up to God.  
(24) God heard their moaning, and  
God remembered the covenant  
with Abraham and Isaac and Jacob.  
(25) God looked upon the Israelites,  
and God took notice of them.