

# Yom Kippur, Haftarah, Mincha

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Edit

## Jonah 1-4

(1) The word of the LORD came to Jonah son of Amittai: (2) Go at once to Nineveh, that great city, and proclaim judgment upon it; for their wickedness has come before Me. (3) Jonah, however, started out to flee to Tarshish from the LORD's service. He went down to Joppa and found a ship going to Tarshish. He paid the fare and went aboard to sail with the others to Tarshish, away from the service of the LORD. (4) But the LORD cast a mighty wind upon the sea, and such a great tempest came upon the sea that the ship was in danger of breaking up. (5) In their fright, the sailors cried out, each to his own god; and they flung the ship's cargo overboard to make it lighter for them. Jonah, meanwhile, had gone down into the hold of the vessel where he lay down and fell asleep. (6) The captain went over to him and cried out, "How can you be sleeping so soundly! Up, call upon your god! Perhaps the god will be kind to us and we will not perish." (7)

## יונה א'-ד'

(א) וַיְהִי דְבַר־יְהוָה אֶל־יוֹנָה בֶן־אָמִתַּי  
לֵאמֹר: (ב) קוּם לְךָ אֶל־נִינְוָה הָעִיר  
הַגְּדוֹלָה וְקְרָא עָלֶיהָ כִּי־עָלְתָה רָעַתָּם  
לְפָנָי: (ג) וַיִּקָּם יוֹנָה לְבָרֶחַ תַּרְשִׁישָׁה  
מִלְּפָנָי יְהוָה וַיֵּרֵד יָפוֹ וַיִּמְצָא אֲנִיָּה | בָּאָה  
תַּרְשִׁישַׁי וַיִּתֵּן שְׂכָרָהּ וַיֵּרֵד בָּהּ לָבוֹא עִמָּהֶם  
תַּרְשִׁישָׁה מִלְּפָנָי יְהוָה: (ד) וַיְהִי הַטֵּיִל  
רוּחַ־גְּדוֹלָה אֶל־הַיָּם וַיְהִי סַעַר־גְּדוֹל בַּיָּם  
וַהֲאֲנִיָּה חֲשָׁבָה לְהִשָּׁבֵר: (ה) וַיִּרְאוּ  
הַמִּלְּחָיִם וַיִּזְעָקוּ אִישׁ אֶל־אֱלֹהָיו וַיִּטְלוּ  
אֶת־הַכֶּלִּים אֲשֶׁר בְּאֲנִיָּה אֶל־הַיָּם לְהַקֵּל  
מֵעֲלֵיהֶם וַיּוֹנֵה יָרַד אֶל־יַרְכְּתֵי הַסְּפִינָה  
וַיִּשָּׁב וַיִּרְדָּם: (ו) וַיִּקְרַב אֵלָיו רֶבֶת הַחִבְלִים  
וַיֹּאמֶר לוֹ מַה־לָּךְ נִרְדָּם קוּם קְרָא  
אֶל־אֱלֹהֶיךָ אוּלַי יַתְּעִשֶׂת הָאֱלֹהִים לָנוּ וְלֹא  
נִאָּבֵד: (ז) וַיֹּאמְרוּ אִישׁ אֶל־רֵעֵהוּ לְכוּ  
וּנְפִילָה גּוֹרְלוֹת וְנִדְעָה בְּשִׁלְמֵי הָרָעָה

The men said to one another, "Let us cast lots and find out on whose account this misfortune has come upon us." They cast lots and the lot fell on Jonah. (8) They said to him, "Tell us, you who have brought this misfortune upon us, what is your business? Where have you come from? What is your country, and of what people are you?" (9) "I am a Hebrew," he replied. "I worship the LORD, the God of Heaven, who made both sea and land." (10) The men were greatly terrified, and they asked him, "What have you done?" And when the men learned that he was fleeing from the service of the LORD—for so he told them— (11) they said to him, "What must we do to you to make the sea calm around us?" For the sea was growing more and more stormy. (12) He answered, "Heave me overboard, and the sea will calm down for you; for I know that this terrible storm came upon you on my account." (13) Nevertheless, the men rowed hard to regain the shore, but they could not, for the sea was growing more and more stormy about them. (14) Then they cried out to the LORD: "Oh, please, LORD, do not let us perish on account of this man's life. Do not hold us guilty of killing an innocent person! For You, O LORD, by Your will, have brought this about." (15) And they heaved Jonah overboard, and the sea stopped raging. (16) The men feared the LORD greatly; they offered a sacrifice to the LORD and they made vows. (1) The LORD provided a huge fish to swallow Jonah; and Jonah remained in the fish's belly three days and three nights. (2) Jonah prayed to the LORD his God from the belly of the fish. (3) He said:

In my trouble I called to the LORD,  
 And He answered me;  
 From the belly of Sheol I cried out,  
 And You heard my voice. (4) You cast me  
 into the depths,  
 Into the heart of the sea,  
 The floods engulfed me;  
 All Your breakers and billows  
 Swept over me. (5) I thought I was driven

הזאת לנו ויפלו גורלות ויפל הגורל  
 על־יונה: (ח) ויאמרו אליו הגידה־נָא לָנו  
 באֲשֶׁר לְמִי־הָרָעָה הַזֹּאת לָנו  
 מִה־מְלֹאכְתֶּךָ וּמֵאֵין תָּבוֹא מֶה אֶרְצֶךָ  
 וְאִי־מִזֶּה עִם אֶתֶּה: (ט) וַיֹּאמֶר אֲלֵיהֶם  
 עֲבָרִי אֲנִכִי וְאֵת־יְהוָה אֱלֹהֵי הַשָּׁמַיִם אֲנִי  
 יָרָא אֲשֶׁר־עָשָׂה אֶת־הַיָּם וְאֶת־הַיַּבֶּשֶׁת: (י) וַיִּירָאוּ הָאֲנָשִׁים וַיִּרְאוּ גְדוּלָה וַיֹּאמְרוּ אֵלָיו  
 מִה־זֹּאת עָשִׂיתָ כִּי־יָדְעוּ הָאֲנָשִׁים כִּי־מִלְפָּנֶיךָ  
 יְהוָה הוּא בָרַח כִּי הִגִּיד לָהֶם: (יא) וַיֹּאמְרוּ  
 אֵלָיו מִה־נַּעֲשֶׂה לָּךְ וַיִּשְׁתַּק הַיָּם מֵעֲלֵינוּ כִּי  
 הַיָּם הוֹלֵךְ וְסֹעֵר: (יב) וַיֹּאמֶר אֲלֵיהֶם  
 שָׂאוּנִי וְהִטְלֵנִי אֶל־הַיָּם וַיִּשְׁתַּק הַיָּם  
 מֵעֲלֵיכֶם כִּי יוֹדַע אֲנִי כִּי בְשָׁלִי הַסֹּעֵר  
 הַגָּדוֹל הַזֶּה עֲלֵיכֶם: (יג) וַיַּחֲתְרוּ הָאֲנָשִׁים  
 לְהִשִּׁיב אֶל־הַיַּבֶּשֶׁת וְלֹא יָכְלוּ כִּי הַיָּם  
 הוֹלֵךְ וְסֹעֵר עֲלֵיהֶם: (יד) וַיִּקְרְאוּ אֶל־יְהוָה  
 וַיֹּאמְרוּ אָנָּה יְהוָה אֱלֹהֵינוּ נִאֲבֹדָה בְּנִפְשׁ  
 הָאִישׁ הַזֶּה וְאֶל־תָּתֵן עֲלֵינוּ דָם נָקִיא  
 כִּי־אַתָּה יְהוָה כַּאֲשֶׁר חָפַצְתָּ עָשִׂיתָ: (טו)  
 וַיִּשְׂאוּ אֶת־יוֹנָה וַיִּטְלֵהוּ אֶל־הַיָּם וַיַּעֲמֵד  
 הַיָּם מִזְעָפוֹ: (טז) וַיִּירָאוּ הָאֲנָשִׁים וַיִּרְאוּ  
 גְדוּלָה אֶת־יְהוָה וַיִּזְבְּחוּ־זֶבַח לַיהוָה וַיִּדְרוּ  
 נְדָרִים: (א) וַיִּמֶן יְהוָה דָּג גָּדוֹל לִבְלֹעַ  
 אֶת־יוֹנָה וַיְהִי יוֹנָה בְּמִעֵי הַדָּג שְׁלֹשָׁה יָמִים  
 וּשְׁלֹשָׁה לַיְלוֹת: (ב) וַיִּתְפַּלֵּל יוֹנָה אֶל־יְהוָה  
 אֱלֹהָיו מִמִּעֵי הַדָּגָה: (ג) וַיֹּאמֶר קְרָאתִי  
 מִצָּרָה לִי אֶל־יְהוָה וַיַּעֲנֵנִי מִבֶּטֶן שָׂאוֹל  
 שׁוֹעֲתִי שָׁמַעְתָּ קוֹלִי: (ד) וַתִּשְׁלַכְנִי מִצּוֹלָה  
 בְּלִבְבַי יָמִים וְנָהָר יִסְבְּבֵנִי כָּל־מִשְׁבְּרֵיךָ  
 וַגִּלְיָה עָלַי עָבְרוּ: (ה) וְאֲנִי אָמַרְתִּי נִגְרַשְׁתִּי  
 מִנֶּגֶד עֵינֶיךָ אֶךְ אוֹסִיף לְהִבִּיט אֶל־הַיִּכָּל  
 קְדֹשֶׁךָ: (ו) אֶפְפוּנֵי מַיִם עַד־נֹפֶשׁ תְּהוֹם  
 יִסְבְּבֵנִי סוּף חֲבוּשׁ לְרֹאשִׁי: (ז) לְקַצְבֵי  
 הָרִים יִרְדְּתִי הָאָרֶץ בְּרַחֲמֶיהָ בְּעַדִי לְעוֹלָם  
 וַתַּעַל מִשְׁחַת חַיִּי יְהוָה אֱלֹהֵי: (ח)  
 בְּהִתְעַטֵּף עָלַי נֶפְשִׁי אֶת־יְהוָה זָכַרְתִּי  
 וַתָּבוֹא אֵלַיךָ תְּפִלָּתִי אֶל־הַיִּכָּל קְדֹשֶׁךָ: (ט)

away  
 Out of Your sight:  
 Would I ever gaze again  
 Upon Your holy Temple? (6) The waters  
 closed in over me,  
 The deep engulfed me.  
 Weeds twined around my head. (7) I sank to  
 the base of the mountains;  
 The bars of the earth closed upon me  
 forever.  
 Yet You brought my life up from the pit,  
 O LORD my God! (8) When my life was  
 ebbing away,  
 I called the LORD to mind;  
 And my prayer came before You,  
 Into Your holy Temple. (9) They who cling  
 to empty folly  
 Forsake their own welfare, (10) But I, with  
 loud thanksgiving,  
 Will sacrifice to You;  
 What I have vowed I will perform.  
 Deliverance is the LORD's!  
 (11) The LORD commanded the fish, and it  
 spewed Jonah out upon dry land. (1) The  
 word of the LORD came to Jonah a second  
 time: (2) "Go at once to Nineveh, that great  
 city, and proclaim to it what I tell you." (3)  
 Jonah went at once to Nineveh in  
 accordance with the LORD's command.  
 Nineveh was an enormously large city a three  
 days' walk across. (4) Jonah started out and  
 made his way into the city the distance of  
 one day's walk, and proclaimed: "Forty days  
 more, and Nineveh shall be overthrown!" (5)  
 The people of Nineveh believed God. They  
 proclaimed a fast, and great and small alike  
 put on sackcloth. (6) When the news reached  
 the king of Nineveh, he rose from his  
 throne, took off his robe, put on sackcloth,  
 and sat in ashes. (7) And he had the word  
 cried through Nineveh: "By decree of the  
 king and his nobles: No man or beast—of  
 flock or herd—shall taste anything! They  
 shall not graze, and they shall not drink  
 water! (8) They shall be covered with  
 sackcloth—man and beast—and shall cry  
 mightily to God. Let everyone turn back  
 from his evil ways and from the injustice of

מְשַׁמְרִים הַבְּלִיּוֹת חֲסִדִּים יַעֲזֹבוּ: (י) וְאֲנִי  
 בְּקוֹל תּוֹדָה אֶזְבַּחַהּ לְךָ אֲשֶׁר נִדְרַתִּי  
 אֲשַׁלְּמָה יִשׁוּעָתָה לִיהוָה: {פ}  
 (יא) וַיֹּאמֶר יְהוָה לְדָג וַיִּקְא אֶת־יֹנָה  
 אֶל־הַיַּבֵּשָׁה: {ס} (א) וַיְהִי  
 דְבַר־יְהוָה אֶל־יֹנָה שְׁנִית לְאָמֶר: (ב) קוּם  
 לֶךְ אֶל־נִינְוָה הָעִיר הַגְּדוֹלָה וּקְרָא אֵלֶיהָ  
 אֶת־הַקְּרִיאָה אֲשֶׁר אֲנִי דֹבֵר אֵלֶיךָ: (ג)  
 וַיִּקָּם יֹנָה וַיֵּלֶךְ אֶל־נִינְוָה כְּדִבַּר יְהוָה  
 וַנִּינְוָה הִיְתָה עִיר־גְּדוֹלָה לְאֱלֹהִים מְהֻלָּךְ  
 שְׁלֹשֶׁת יָמִים: (ד) וַיַּחַל יֹנָה לְבֹא בְעִיר  
 מְהֻלָּךְ יוֹם אֶחָד וַיִּקְרָא וַיֹּאמֶר עוֹד  
 אַרְבָּעִים יוֹם וַנִּינְוָה נִהְפָּכֶת: (ה) וַיֹּאמְרוּ  
 אַנְשֵׁי נִינְוָה בְּאֱלֹהִים וַיִּקְרְאוּ־צוֹם וַיִּלְבְּשׁוּ  
 שָׂקִים מִגְּדוֹלָם וְעַד־קִטְנָם: (ו) וַיִּגַע הַדָּבָר  
 אֶל־מֶלֶךְ נִינְוָה וַיִּקָּם מִכִּסְאוֹ וַיַּעֲבֵר אֶדְרֹתָיו  
 מֵעָלָיו וַיִּכַּס שֵׁק וַיֵּשֶׁב עַל־הָאֶפֶס: (ז) וַיִּזְעַק  
 וַיֹּאמֶר בְּנִינְוָה מִטַּעַם הַמֶּלֶךְ וּגְדָלָיו לֵאמֹר  
 הָאָדָם וְהַבְּהֵמָה הַבְּקָר וְהַצֹּאן אֶל־יִטְעֲמוּ  
 מְאוּמָה אֶל־יָרְעוּ וּמִיָּמִים אֶל־יִשָּׁתוּ: (ח)  
 וַיִּתְכַּסּוּ שָׂקִים הָאָדָם וְהַבְּהֵמָה וַיִּקְרְאוּ  
 אֶל־אֱלֹהִים בְּחִזְקָה וַיָּשֻׁבוּ אִישׁ מִדַּרְכּוֹ  
 הָרָעָה וּמִן־הַחֲמָס אֲשֶׁר בְּכַפֵּיהֶם: (ט)  
 מִיַּיִדְעַע יָשׁוּב וּנְחָם הָאֱלֹהִים וְשָׁב מִחֲרוֹן  
 אַפּוֹ וְלֹא נֶאֱבַד: (י) וַיֵּרָא הָאֱלֹהִים  
 אֶת־מַעֲשֵׂיהֶם כִּי־שָׁבוּ מִדַּרְכֵם הָרָעָה  
 וַיִּנְחַם הָאֱלֹהִים עַל־הָרָעָה אֲשֶׁר־דִּבֶּר  
 לַעֲשׂוֹת־לָהֶם וְלֹא עָשָׂה: (א) וַיִּרַע אֶל־יֹנָה  
 רָעָה גְדוֹלָה וַיַּחַר לוֹ: (ב) וַיִּתְפַּלֵּל אֶל־יְהוָה  
 וַיֹּאמֶר אָנָּה יְהוָה הֲלוֹא־אֲנִי דָבָרִי עַד־הַיּוֹתֵי  
 עַל־אֲדָמָתִי עַל־כֵּן קִדַּמְתִּי לְבָרַח תְּרַשְׁיִשָׁה  
 כִּי יָדַעְתִּי כִּי אַתָּה אֱלֹהֵינוּ וְרַחוּם אַרְךָ  
 אֲפִים וְרַב־חֶסֶד וּנְחָם עַל־הָרָעָה: (ג) וְעַתָּה  
 יְהוָה קַח־נָא אֶת־נַפְשִׁי מִמֶּנִּי כִּי טוֹב מוֹתִי  
 מִחַיִּי: {פ}  
 (ד) וַיֹּאמֶר יְהוָה הֲהֵיטֵב חָרָה לְךָ: (ה) וַיֵּצֵא  
 יֹנָה מִן־הָעִיר וַיֵּשֶׁב מִקְדָּם לְעִיר וַיַּעַשׂ לוֹ  
 שָׂם סֶכֶה וַיֵּשֶׁב תַּחְתֶּיהָ בְּצֹל עֵד אֲשֶׁר

which he is guilty. (9) Who knows but that God may turn and relent? He may turn back from His wrath, so that we do not perish.” (10) God saw what they did, how they were turning back from their evil ways. And God renounced the punishment He had planned to bring upon them, and did not carry it out. (1) This displeased Jonah greatly, and he was grieved. (2) He prayed to the LORD, saying, “O LORD! Isn’t this just what I said when I was still in my own country? That is why I fled beforehand to Tarshish. For I know that You are a compassionate and gracious God, slow to anger, abounding in kindness, renouncing punishment. (3) Please, LORD, take my life, for I would rather die than live.” (4) The LORD replied, “Are you that deeply grieved?” (5) Now Jonah had left the city and found a place east of the city. He made a booth there and sat under it in the shade, until he should see what happened to the city. (6) The LORD God provided a ricinus plant, which grew up over Jonah, to provide shade for his head and save him from discomfort. Jonah was very happy about the plant. (7) But the next day at dawn God provided a worm, which attacked the plant so that it withered. (8) And when the sun rose, God provided a sultry east wind; the sun beat down on Jonah’s head, and he became faint. He begged for death, saying, “I would rather die than live.” (9) Then God said to Jonah, “Are you so deeply grieved about the plant?” “Yes,” he replied, “so deeply that I want to die.” (10) Then the LORD said: “You cared about the plant, which you did not work for and which you did not grow, which appeared overnight and perished overnight. (11) And should not I care about Nineveh, that great city, in which there are more than a hundred and twenty thousand persons who do not yet know their right hand from their left, and many beasts as well!”

יִרְאֶה מִה־יִּהְיֶה בְּעֵיר: (ו) וַיִּמְן  
 יְהוָה-אֱלֹהִים קִיקְיוֹן וַיַּעַל מֵעַל לְיוֹנָה  
 לְהָיִת צֶלַעַל-רְאִשׁוֹ לְהַצִּיל לּוֹ מִרְעָתוֹ  
 וַיִּשְׁמַח יוֹנָה עַל-הַקִּיקְיוֹן שֶׁמָּחָה גְדוּלָּה: (ז)  
 וַיִּמְן הָאֱלֹהִים תּוֹלְעַת בְּעֵלּוֹת הַשָּׁחַר  
 לְמַחְרַת וַתֵּךְ אֶת-הַקִּיקְיוֹן וַיִּיבֹשׁ: (ח) וַיְהִי  
 כַּזְרִיחַ הַשָּׁמֶשׁ וַיִּמְן אֱלֹהִים רוּחַ קָדִים  
 חָרִישִׁית וַתֵּךְ הַשָּׁמֶשׁ עַל-רֹאשׁ יוֹנָה  
 וַיַּתְעַלֵּף וַיִּשְׁאַל אֶת-נַפְשׁוֹ לָמוּת וַיֹּאמֶר טוֹב  
 מוֹתִי מִחַיִּי: (ט) וַיֹּאמֶר אֱלֹהִים אֶל-יוֹנָה  
 הֲהֵיטֵב חָרָה-לָּךְ עַל-הַקִּיקְיוֹן וַיֹּאמֶר הֵיטֵב  
 חָרָה-לִּי עַד-מּוֹת: (י) וַיֹּאמֶר יְהוָה אֲתָה  
 חֹסֵת עַל-הַקִּיקְיוֹן אֲשֶׁר לֹא-עָמְלָתָ בּוֹ וְלֹא  
 גִדַּלְתָּ שְׁבוֹן-לֵילֶה הִיא וּבֹן-לֵילֶה אָבָד: (יא)  
 וְאַנִּי לֹא אֶחֱוֹס עַל-נִינְוָה הָעִיר הַגְּדוּלָּה  
 אֲשֶׁר יֵשְׁבֶהָ הַרְבֵּה מִשָּׂתִים-עֶשְׂרֵה רְבֹ  
 אָדָם אֲשֶׁר לֹא-יָדַע בֵּין-יְמִינִי לְשִׁמְאֹלֹ  
 וּבַהֶמָּה רְבֵה:

**Micah 7:18-20**

(18) Who is a God like You,  
Forgiving iniquity  
And remitting transgression;  
Who has not maintained His wrath forever  
Against the remnant of His own people,  
Because He loves graciousness! (19) He will  
take us back in love;  
He will cover up our iniquities,  
You will hurl all our sins  
Into the depths of the sea. (20) You will keep  
faith with Jacob,  
Loyalty to Abraham,  
As You promised on oath to our fathers  
In days gone by.

**מיכה ז':י"ח-כ'**

(יח) מִי־אֵל כְּמוֹךָ נִשְׂא עוֹן וְעִבֵר עַל־פְּשָׁע  
לְשֹׂאֲרֵית נִחְלָתוֹ לְא־הַחֲזִיק לְעַד אָפוּ  
כִּי־חַפֵּץ חַסֵּד הוּא: (יט) יָשׁוּב יִרְחַמֵּנוּ  
יִכַּבֵּשׁ עֲוֹנוֹתֵינוּ וְתִשְׁלַיֵךְ בְּמִצְלוֹת יָם  
כָּל־חַטָּאוֹתֵם: (כ) תִּתֵּן אֱמֶת לְיַעֲקֹב חַסֵּד  
לְאַבְרָהָם אֲשֶׁר־נִשְׁבַּעְתָּ לְאַבְתָּינוּ מִיְמֵי  
קֶדֶם:

